

HIGH LIFE HIGHLAND

CORPORATE MEMBERSHIP SCHEME

Dear NHSH Employee,

Welcome to High Life Highland's Corporate Membership Scheme.

High life Highland is delighted to welcome NHSH employees to the charity's corporate membership scheme, *highlife*. As an employee of NHSH you will receive 10% discount on the cost of a standard individual and family membership.

This reduces the price of a membership to £20.52 per month for an individual membership and £30.87 per month for a family membership.

highlife membership offers you and your family access to range of health and fitness opportunities in 25 leisure centres throughout the Highlands. In addition swimming pools and fitness suites, your membership also includes access to single court activities, swimming lessons and extensive range of exercise classes for all abilities and interest with the ability to book these activities seven days in advance.

Your *highlife* membership also provides further discounts on premium products such as Personal Training, Love to Swim (private swimming lessons) and Love to Train (small group fitness).

High life Highland is a Leisure Link partner, which permits *highlife* members access to fitness rooms, public swimming, and fitness classes at other leisure facilities across Moray, Shetland, Orkney, Borders, the Western Isles, Argyll and Bute – at no additional cost!

High Life Highland works in partnership with many local and national companies. As a *highlife* member, you and your family will benefit from further discounts on many local services and products such as 15% discount at Inverness Kart Raceway, 15% discount at the Kingsmills Hotel's spa treatments and 10% discount at Run4it just to name a few. Click on the link below to see the full range of discounts available to you and the terms and conditions associated with these discount.

<https://www.highlifehighland.com/benefits/>

If you are new to *highlife* membership or an existing *highlife* member, please select the appropriate step-by-step guide below to activate your membership and discount:

New *highlife* members who have a @nhs.scot email address – please join online

If you are a new customer, please join online by clicking on the link:

<https://onlinejoining.highlifehighland.com/nhsh>

Please enter your @NHS.scot email address. You will then receive an email in your NHS inbox, please click on the link and follow the steps to complete the transaction. The

discount on your preferred membership option will be automatically applied. Once the transaction has been completed, please collect your membership card(s) from your chosen leisure centre and start enjoying all the services *highlife* has to offer.

New *highlife* members who do not have a @nhs.scot email address – please join at your local High life Highland Leisure Centre

If you are a new customer but do not have an @nhs.scot email address, you can join by visiting your local High Life Highland leisure centre. Please bring your NHS identification card or NHS payslip with you to activate your membership and discount. Once the transaction has been completed, your membership card(s) will be available to be collected from your chosen leisure centre and start enjoying all the services *highlife* has to offer.

Existing *highlife* members wishing to activate corporate 10% discount – By email or at your local High Life Highland leisure centre

If you are already a *highlife* member and would like to access the discount available NHS employees – you have two options

Option 1: please email: Highlife@highlifehighland.com detailing your name, date of birth, home postcode, *highlife* membership number and NHS email address or scan in a copy of your NHS identification/payslip.

Options 2: Please bring your NHS identification card or NHS payslip with you to activate your discount at your local *highlife* Leisure Centre

On receiving this information, the *highlife* membership team will activate your discount. Thank you for your continued support, it is very much appreciated.

Please note, we will require that you provide proof of your employment with NHS every 12 months to ensure you meet the criteria for the corporate membership discount. If you are not able to provide the proof of employment within the required timescale the 10% discount will be removed from your memberships.

If you have any questions regarding your membership, please do not hesitate to contact your local High Life Highland Leisure Centre or email: highlife@highlifehighland.com

Thank you for choosing to join *highlife*.

Best regards,
Emma Thomson
High Life Development Manager

