

High life Highland Corporate Membership - FAQs

1. Who is this offer for?

The 10% discount off a family or individual memberships is for NHS paid employees.

2. What does the membership include?

The *highlife* membership offers individuals and families unlimited access to a range of health and fitness opportunities in over 25 leisure centres throughout the Highlands. The membership includes the following:

- Swimming pools
- Fitness rooms
- Strength and conditions areas
- Running track
- Climbing wall
- Sauna, spa pools and steam rooms
- Extensive range of group fitness classes for all abilities and interest.
- Swimming lessons for adults and children
- Children's activities
- Single court activities - badminton, squash, table tennis etc.
- Discounts on personal training, private swimming lessons and small group fitness.
- Seven day advance booking of all activities and classes.

*Please note there is an additional charge for the use of the health suite at Inverness Leisure

3. Can I use the *highlife* membership for my family?

The 10% discount applies to a *highlife* family membership or an individual membership. The primary member of the family membership has to be an NHS employee.

4. What is the definition of a family membership?

A *highlife* family membership is two adults and unlimited children under the age of 18 years old within your household.

5. Can I apply for the discount retrospectively?

If you are an existing *highlife* member and you are employed by NHS, you are entitled to the 10% discount on a family or an individual membership. The discount will be applied after High Life Highland has received proof of your employment with NHS.

6. Will the membership offer be valid next year/for more than one year?

High Life Highland requires that you provide proof of your employment with NHS every 12 months to ensure you meet the criteria for the corporate membership discount. If you are not able to provide the proof of employment within the required timescale the 10% discount will be removed from your membership.

7. How much does it cost?

High Life Highland is pleased to provide NHS employees with a 10% discount, reducing the price of an individual membership to £20.52 per month and family memberships to £30.87 per month. (Prices correct at October 2022)

8. Is there a joining fee or a contract?

There is good news on both – there has never been a joining fee and there is no contract.

9. What other HLH benefits are there?

High life Highland is a Leisure Link partner which permits *highlife* members *ad hoc* access to swimming pools, fitness rooms and group fitness classes in seven different areas - Aberdeen, Moray, Borders, Argyll and Bute, Orkney, Shetland and the Western Isles at no extra cost. The Leisure Link Partnership means that when working away from home or on holiday members from participating areas can, at no extra cost, use the local facilities as part of their existing home-based membership.

10. Can I gain any additional discounts with my *highlife* card ?

High Life Highland also works in partnership with many local and national companies. As a High Life member, you benefit from additional discounts on many services and products such as 15% off the Kingmills Hotel spa treatments, 10% off at Run4it, 15%at Inverness Kart Raceway, 20% at William Wilson to name a few. These offers are updated weekly, please click on the link to see the full range of discounts available to you, and the terms and conditions associated with these discounts: <https://www.highlifehighland.com/benefits/>